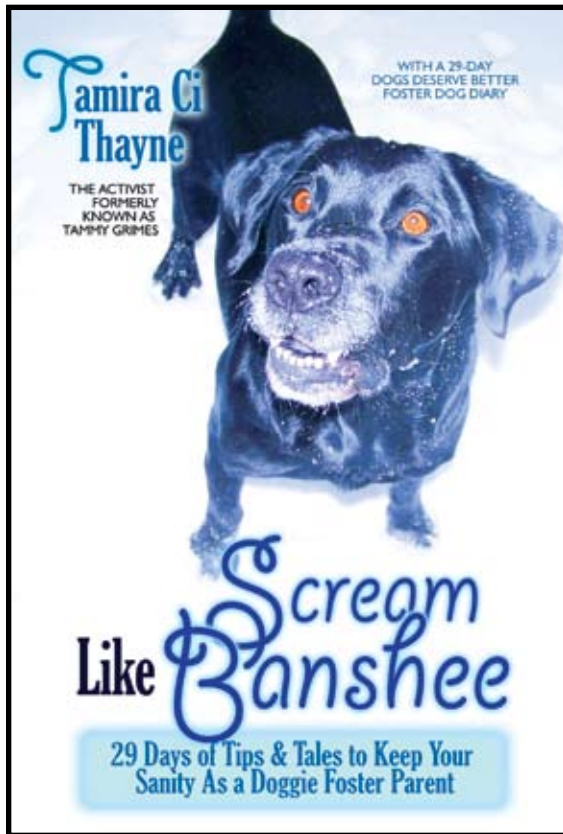


# Scream Like Banshee

29 Days of Tips & Tales to Keep Your Sanity As a Doggie Foster Parent

Tamira Ci Thayne



## FOR IMMEDIATE RELEASE

Contact: Tamira C. Thayne  
founder, CEO, Dogs Deserve Better  
[www.dogsdeservebetter.org](http://www.dogsdeservebetter.org)  
P.O. Box 23, Tipton, PA 16684 814.941.7447  
Cell 814.207.4586 • [Tami@littlegirllooking.com](mailto:Tami@littlegirllooking.com)

## “SCREAM LIKE BANSHEE” SEEKS TO SAVE THE SANITY OF AMERICA’S DOGGIE FOSTER PARENTS

**With 29 Days of Tips and Tales for Animal Rescuers who Struggle with Foster Dogs from a Leading Animal Activist and Non-Profit Founder**

March 2009, Tipton, PA — Termed “A really insightful book and a no-bullshit diary,” *Scream Like Banshee: 29 Days of Tips and Tales to Keep your Sanity as a Doggie Foster Parent* hits the market with a unique edge over other animal-related books.

The book combines not only tips for both adequate training and containment of foster dogs, but also tips for the rescuer’s mental health, as well as pleas to those who have not yet stepped up to foster a dog.

Says Cherie Smith of [SmithVirtualOffice.com](http://SmithVirtualOffice.com): “I finished reading your book and all I can say is WOW!!! You are an inspiration...you had me crying, laughing, and then crying again! The story of Banshee had me on edge the entire book. I liked how you incorporated wellness; this book is not only for those who foster or want to foster but for everybody because it is a ‘feel good book.’ It has joy, love, sadness, grief, and how to love yourself.”

Thayne combines seven years of foster knowledge gained from housing America’s formerly chained or penned dogs with an M.S. in Naturology, the study of the body/mind/soul connection, to send a positive message of hope for mental stability while fostering.

“Fostering dogs is one of the hardest yet most rewarding experiences an animal advocate will ever have. Many of us struggle with it, and many of us feel we are failing because we are not doing it perfectly. Screw perfect! I say just do it, and I hope the tips and tales of my own struggles will inspire those who haven’t yet fostered to step up, and those who overdo to take a sanity break because their own health is important too,” states Thayne.

The book is available from [lulu.com](http://lulu.com) and soon will be available at all online booksellers. Dogs Deserve Better will receive \$2 per every book sold on [lulu.com](http://lulu.com), and—as a fundraiser for chained and penned dogs—signed and dedicated books can be purchased on the [DogsDeserveBetter.org](http://DogsDeserveBetter.org) website for an additional \$9.99. All additional funds will go directly to Dogs Deserve Better’s work.

For more information, visit the website at [ScreamLikeBanshee.com](http://ScreamLikeBanshee.com).

## About the Author

Tamira Ci Thayne is founder and CEO of Dogs Deserve Better, an award-winning national nonprofit working on behalf of America's chained and penned dogs.

Thayne holds a B.A. in Visual Arts from the University of Maryland, and a B.S. and M.S. in Naturology (study of the Body/Mind/Spirit connection) from American Institute of Holistic Theology.

She has written articles for nationwide publications including *American Dog*, and has been the subject of articles in magazines such as *Bark*, *Animal Sheltering*, *The New Barker*, and *Dog's Life*, which won a Genesis Award Honorable Mention.

She has created over 30 animal advocacy art pieces, available for viewing and purchase on [littlegirllooking.com](http://littlegirllooking.com), and illustrated *Puddles on the Floor* for Dogs Deserve Better, a humane education book written by Lorena Estep.

*Scream Like Banshee* is Thayne's first book.

Thayne is available for interviews, author visits, and book signings. Please contact her at 814.941.7447 or [Tami@littlegirllooking.com](mailto:Tami@littlegirllooking.com) to request an appearance.